Bowel and Bladder Screening Questions

Bladder Control Problems

1. Do you leak urine with coughing, sneezing, exercising or lifting heavy objects?
   YES NO

2. Do you leak urine when you feel the need to empty your bladder, but can't get to the toilet fast enough?
   YES NO

3. Do you leak urine at any other time without being aware that it is happening?
   YES NO

If you answered Yes to question #1, then you most likely have stress incontinence.

If you answered Yes to question #2, then you most likely have urge incontinence.

If you answered Yes to questions #1 and #2, then you have mixed incontinence.

If you answered Yes to question #3, then you may need more evaluation to determine what type of incontinence you have and how it can be treated.

Bowel Control Problem

1. Do you leak stool/feces or gas with coughing, sneezing, exercising or lifting heavy objects?
   YES NO

2. Do you leak stool/feces or gas when you feel the need to move your bowels, but can't get to the toilet fast enough?
   YES NO

3. Do you leak stool/feces or gas at any other time without being aware that it is happening?
   YES NO

If you answered "Yes" to any of the above questions, then you have Anal (fecal) incontinence and more evaluation and treatment may help you.